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IX. The Holy Instant and the Attraction of God

T-15.IX.1. As the ego would limit your perception of your brothers to the body, so would the Holy Spirit release your vision and let you see the Great Rays shining from them, so unlimited that they reach to God. 2 It is this shift to vision that is accomplished in the holy instant. 3 Yet it is needful for you to learn just what this shift entails, so you will become willing to make it permanent. 4 Given this willingness it will not leave you, for it *is* permanent. 5 Once you have accepted it as the only perception you want, it is translated into knowledge by the part that God Himself plays in the Atonement, for it is the only step in it He understands. 6 Therefore, in this there will be no delay when you are ready for it. 7 God is ready now, but you are not.

T-15.IX.2. Our task is but to continue, as fast as possible, the necessary process of

looking straight at all the interference and seeing it exactly as it is. 2 For it is impossible to recognize as wholly without gratification what you think you want. 3 The body is the symbol of the ego, as the ego is the symbol of the separation. 4 And both are nothing more than attempts to limit communication, and thereby to make it impossible. 5 For communication must be unlimited in order to have meaning, and deprived of meaning, it will not satisfy you completely. 6 Yet it remains the only means by which you can establish real relationships, which have no limits, having been established by God.

T-15.IX.3. In the holy instant, where the Great Rays replace the body in awareness, the recognition of relationships without limits is given you. 2 But in order to see this, it is necessary to give up every use the ego has for the body, and to accept the fact that the ego has no purpose you would share with it. 3 For the ego would limit everyone to a body for its own purposes, and while you think it has a purpose, you will choose to utilize the means by which it tries to turn its purpose into accomplishment. 4 This will never be accomplished. 5 Yet you have surely recognized that the ego, whose goals are altogether unattainable, will strive for them with all its might, and will do so with the strength that you have given it.

T-15.IX.4. It is impossible to divide your strength between Heaven and hell, God and the ego, and release your power to creation, which is the only purpose for which it was given you. 2 Love would *always* give increase. 3 Limits are demanded by the ego, and represent its demands to make little and ineffectual. 4 Limit your sight of a brother to his body, which you will do as long as you would not release him from it, and you have denied his gift to you. 5 His body cannot give it. 6 And seek it not through yours. 7 Yet your minds are already continuous, and their union need only be accepted and the loneliness in Heaven is gone.

T-15.IX.5. If you would but let the Holy Spirit tell you of the Love of God for you, and the need your creations have to be with you forever, you would experience the attraction of the eternal. 2 No one can hear Him speak of this and long remain willing to linger here. 3 For it is your will to be in Heaven, where you are complete and quiet, in such sure and loving relationships that any limit is impossible. 4 Would you not exchange your little relationships for this? 5 For the body *is* little and limited, and only those whom you would see without the limits the ego would impose on them can offer you the gift of freedom.

T-15.IX.6. You have no conception of the limits you have placed on your perception, and no idea of all the loveliness that you could see. 2 But this you must remember; the attraction of guilt opposes the attraction of God. 3 His attraction for you remains unlimited, but because your power, being His, is as great as His, you can turn away from love. 4 What you invest in guilt you withdraw from God. 5 And your sight grows weak and dim and limited, for you have attempted to separate the Father from the Son, and limit their communication. 6 Seek not Atonement in further separation. 7 And limit not your vision of God's Son to what interferes with his release, and what the Holy Spirit must undo to set him free. 8 For his belief in limits *has* imprisoned him.

T-15.IX.7. When the body ceases to attract you, and when you place no value on it as a means of getting anything, then there will be no interference in communication and your

thoughts will be as free as God's. 2 As you let the Holy Spirit teach you how to use the body only for purposes of communication, and renounce its use for separation and attack which the ego sees in it, you will learn you have no need of a body at all. 3 In the holy instant there are no bodies, and you experience only the attraction of God. 4 Accepting it as undivided you join Him wholly, in an instant, for you would place no limits on your union with Him. 5 The reality of this relationship becomes the only truth that you could ever want. 6 All truth *is* here.

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