

Welcome to The Little Garden. We present classes in many formats to help with your study of *A Course in Miracles*. Our goal is to inspire students of *A Course in Miracles* to read and study the Course for themselves, and to practice it as written.

## WORKBOOK FOR STUDENTS

[The Little Garden Home](#)

[TEXT](#)

[MANUAL](#)

[Introduction](#)

LESSON

- [1. Nothing I see in this room ..... means anything.](#)
- [2. I have given everything I see..... all the meaning that it has for me.](#)
- [3. I do not understand anything I see.](#)
- [4. These thoughts do not mean anything.](#)
- [5. I am never upset for the reason I think.](#)
- [6. I am upset because I see something that is not there.](#)
- [7. I see only the past.](#)
- [8. My mind is preoccupied with past thoughts.](#)
- [9. I see nothing as it is now.](#)
- [10. My thoughts do not mean anything.](#)
- [11. My meaningless thoughts are showing me a meaningless world.](#)
- [12. I am upset because I see a meaningless world.](#)
- [13. A meaningless world engenders fear.](#)
- [14. God did not create a meaningless world.](#)
- [15. My thoughts are images that I have made.](#)

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16. I have no neutral thoughts.
17. I see no neutral things.
18. I am not alone in experiencing the effects of my seeing.
19. I am not alone in experiencing the effects of my thoughts.
20. I am determined to see.
21. I am determined to see things differently.
22. What I see is a form of vengeance.
23. I can escape from the world I see by giving up attack thoughts.
24. I do not perceive my own best interests.
25. I do not know what anything is for.
26. My attack thoughts are attacking my invulnerability.
27. Above all else I want to see.
28. Above all else I want to see things differently.
29. God is in everything I see.
30. God is in everything I see because God is in my mind.

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31. I am not the victim of the world I see.
32. I have invented the world I see.
33. There is another way of looking at the world.
34. I could see peace instead of this.
35. My mind is part of God's. I am very holy.
36. My holiness envelops everything I see.
37. My holiness blesses the world.
38. There is nothing my holiness cannot do.
39. My holiness is my salvation.

40. I am blessed as a Son of God.

41. God goes with me wherever I go.

42. God is my strength. Vision is His gift.

43. God is my Source. I cannot see apart from Him.

44. God is the light in which I see.

45. God is the Mind with which I think.

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46. God is the Love in which I forgive.

47. God is the strength in which I trust.

48. There is nothing to fear.

49. God's Voice speaks to me all through the day.

50. I am sustained by the Love of God.

Review I

Review I LESSON 51.

Review I LESSON 52.

Review I LESSON 53.

Review I LESSON 54.

Review I LESSON 55.

Review I LESSON 56.

Review I LESSON 57.

Review I LESSON 58.

Review I LESSON 59.

Review I LESSON 60.

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LESSON 61. I am the light of the world.

LESSON 62. Forgiveness is my function as the light of the world.

LESSON 63. The light of the world brings peace to every mind through my forgiveness.

LESSON 64. Let me not forget my function.

LESSON 65. My only function is the one God gave me.

LESSON 66. My happiness and my function are one.

LESSON 67. Love created me like itself.

LESSON 68. Love holds no grievances.

LESSON 69. My grievances hide the light of the world in me.

LESSON 70. My salvation comes from me.

LESSON 71. Only God's plan for salvation will work.

LESSON 72. Holding grievances is an attack on God's plan for salvation.

LESSON 73. I will there be light.

LESSON 74. There is no will but God's.

LESSON 75. The light has come.

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LESSON 76. I am under no laws but God's.

LESSON 77. I am entitled to miracles.

LESSON 78. Let miracles replace all grievances.

LESSON 79. Let me recognize the problem so it can be solved.

LESSON 80. Let me recognize my problems have been solved.

REVIEW II

REVIEW II LESSON 81.

REVIEW II LESSON 82.

REVIEW II LESSON 83.

REVIEW II LESSON 84.

REVIEW II LESSON 85.

REVIEW II LESSON 86.

REVIEW II LESSON 87.

REVIEW II LESSON 88.

REVIEW II LESSON 89.

REVIEW II LESSON 90.

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LESSON 91. Miracles are seen in light.

LESSON 92. Miracles are seen in light, and light and strength are one.

LESSON 93. Light and joy and peace abide in me.

LESSON 94. I am as God created me.

LESSON 95. I am one Self, united with my Creator.

LESSON 96. Salvation comes from my one Self.

LESSON 97. I am spirit.

LESSON 98. I will accept my part in God's plan for salvation.

LESSON 99. Salvation is my only function here.

LESSON 100. My part is essential to God's plan for salvation.

LESSON 101. God's Will for me is perfect happiness.

LESSON 102. I share God's Will for happiness for me.

LESSON 103. God, being Love, is also happiness.

LESSON 104. I seek but what belongs to me in truth.

LESSON 105. God's peace and joy are mine.

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LESSON 106. Let me be still and listen to the truth.

LESSON 107. Truth will correct all errors in my mind.

LESSON 108. To give and to receive are one in truth.

LESSON 109. I rest in God.

LESSON 110. I am as God created me.

REVIEW III

REVIEW III LESSON 111.

REVIEW III LESSON 112.

REVIEW III LESSON 113.

REVIEW III LESSON 114.

REVIEW III LESSON 115.

REVIEW III LESSON 116.

REVIEW III LESSON 117.

REVIEW III LESSON 118.

REVIEW III LESSON 119.

REVIEW III LESSON 120.

LESSON 121. Forgiveness is the key to happiness.

LESSON 122. Forgiveness offers everything I want.

LESSON 123. I thank my Father for His gifts to me.

LESSON 124. Let me remember I am one with God.

LESSON 125. In quiet I receive God's Word today.

LESSON 126. All that I give is given to myself.

LESSON 127. There is no love but God's.

LESSON 128. The world I see holds nothing that I want.

LESSON 129. Beyond this world there is a world I want.

LESSON 130. It is impossible to see two worlds.

LESSON 131. No one can fail who seeks to reach the truth.

LESSON 132. I loose the world from all I thought it was.

LESSON 133. I will not value what is valueless.

LESSON 134. Let me perceive forgiveness as it is.

LESSON 135. If I defend myself I am attacked.

LESSON 136. Sickness is a defense against the truth.

LESSON 137. When I am healed I am not healed alone

LESSON 138. Heaven is the decision I must make.

LESSON 139. I will accept Atonement for myself.

LESSON 140. Only salvation can be said to cure.

ReviewIV Lessons 141-150.

LESSON 151. All things are echoes of the Voice for God.

LESSON 152. The power of decision is my own.

LESSON 153. In my defenselessness my safety lies.

LESSON 154. I am among the ministers of God.

LESSON 155. I will step back and let Him lead the way.

LESSON 156. I walk with God in perfect holiness

LESSON 157. Into His Presence would I enter now.

LESSON 158. Today I learn to give as I receive.

LESSON 159. I give the miracles I have received.

LESSON 160. I am at home. Fear is the stranger here.

LESSON 161. Give me your blessing, holy Son of God.

LESSON 162. I am as God created me

LESSON 163. There is no death. The Son of God is free.

LESSON 164. Now are we one with Him Who is our Source.

LESSON 165. Let not my mind deny the Thought of God.

LESSON 166. I am entrusted with the gifts of God.

LESSON 167. There is one life, and that I share with God

LESSON 168. Your grace is given me. I claim it now.

LESSON 169. By grace I live. By grace I am released.

LESSON 170. There is no cruelty in God and none in me.

REVIEW V. Lessons 171-180

Introduction Lessons 181-200

LESSON 181. I trust my brothers, who are one with me.

LESSON 182. I will be still an instant and go home

LESSON 183. I call upon God's Name and on my own.

LESSON 184. The Name of God is my inheritance.

LESSON 185. I want the peace of God.

LESSON 186. Salvation of the world depends on me.

LESSON 187. I bless the world because I bless myself.

LESSON 188. The peace of God is shining in me now.

LESSON 189. I feel the Love of God within me now.

LESSON 190. I choose the joy of God instead of pain.

LESSON 191. I am the holy Son of God Himself.

LESSON 192. I have a function God would have me fill.

LESSON 193. All things are lessons God would have me learn.

LESSON 194. I place the future in the Hands of God.

LESSON 195. Love is the way I walk in gratitude.

LESSON 196. It can be but myself I crucify.

LESSON 197. It can be but my gratitude I earn.

LESSON 198. Only my condemnation injures me.



LESSON 199. I am not a body. I am free.

LESSON 200. There is no peace except the peace of God.

Review VI. Lessons 201-220

Introduction Part II

1. What Is Forgiveness?

LESSON 221. Peace to my mind. Let all my thoughts be still.

LESSON 222. God is with me. I live and move in Him.

LESSON 223. God is my life. I have no life but His.

LESSON 224. God is my Father, and He loves His Son.

LESSON 225. God is my Father, and His Son loves Him.

LESSON 226. My home awaits me. I will hasten there.

LESSON 227. This is my holy instant of release.

LESSON 228. God has condemned me not. No more do I.

LESSON 229. Love, which created me, is what I am

LESSON 230. Now will I seek and find the peace of God.

2. What is Salvation?

LESSON 231. Father, I will but to remember You.

LESSON 232. Be in my mind, my Father, through the day.

LESSON 233. I give my life to God to guide today.

LESSON 234. Father, today I am Your Son again.

LESSON 235. God in His mercy wills that I be saved.

LESSON 236. I rule my mind, which I alone must rule.

LESSON 237. Now would I be as God created me.

LESSON 238. On my decision all salvation rests.

LESSON 239. The glory of my Father is my own.

LESSON 240. Fear is not justified in any form.

### 3. What is the World?

LESSON 241. This holy instant is salvation come.

LESSON 242. This day is God's. It is my gift to Him.

LESSON 243. Today I will judge nothing that occurs.

LESSON 244. I am in danger nowhere in the world.

LESSON 245. Your peace is with me, Father. I am safe.

LESSON 246. To love my Father is to love His Son.

LESSON 247. Without forgiveness I will still be blind.

LESSON 248. Whatever suffers is not part of me.

LESSON 249. Forgiveness ends all suffering and loss.

LESSON 250. Let me not see myself as limited.

### 4. What Is Sin?

LESSON 251. I am in need of nothing but the truth.

LESSON 252. The Son of God is my Identity.

LESSON 253. My Self is ruler of the universe.

LESSON 254. Let every voice but God's be still in me.

LESSON 255. This day I choose to spend in perfect peace.

LESSON 256. God is the only goal I have today.

LESSON 257. Let me remember what my purpose is.

LESSON 258. Let me remember that my goal is God.

LESSON 259. Let me remember that there is no sin.

LESSON 260. Let me remember God created me.

### 5. What Is the Body?

LESSON 261. God is my refuge and security.

LESSON 262. Let me perceive no differences today.

LESSON 263. My holy vision sees all things as pure.

LESSON 264. I am surrounded by the Love of God.

LESSON 265. Creation's gentleness is all I see.

LESSON 266. My holy Self abides in you, God's Son.

LESSON 267. My heart is beating in the peace of God.

LESSON 268. Let all things be exactly as they are.

LESSON 269. My sight goes forth to look upon Christ's face.

LESSON 270. I will not use the body's eyes today.

6. What Is the Christ?.

LESSON 271. Christ's is the vision I will use today.

LESSON 272. How can illusions satisfy God's Son?

LESSON 273. The stillness of the peace of God is mine.

LESSON 274. Today belongs to love. Let me not fear.

LESSON 275. God's healing Voice protects all things today.

LESSON 276. The Word of God is given me to speak.

LESSON 277. Let me not bind Your Son with laws I made.

LESSON 278. If I am bound, my Father is not free.

LESSON 279. Creation's freedom promises my own.

LESSON 280. What limits can I lay upon God's Son?

7. What Is the Holy Spirit?

LESSON 281. I can be hurt by nothing but my thoughts.

LESSON 282. I will not be afraid of love today.

LESSON 283. My true Identity abides in You.

LESSON 284. I can elect to change all thoughts that hurt.

LESSON 285. My holiness shines bright and clear today.

LESSON 286. The hush of Heaven holds my heart today.

LESSON 287. You are my goal, my Father. Only You.

LESSON 288. Let me forget my brother's past today.

LESSON 289. The past is over. It can touch me not.

LESSON 290. My present happiness is all I see.

#### 8. What Is the Real World?

LESSON 291. This is a day of stillness and of peace.

LESSON 292. A happy outcome to all things is sure.

LESSON 293. All fear is past and only love is here.

LESSON 294. My body is a wholly neutral thing.

LESSON 295. The Holy Spirit looks through me today.

LESSON 296. The Holy Spirit speaks through me today.

LESSON 297. Forgiveness is the only gift I give.

LESSON 298. I love You, Father, and I love Your Son.

LESSON 299. Eternal holiness abides in me.

LESSON 300. Only an instant does this world endure.

#### 9. What Is the Second Coming?

LESSON 301. And God Himself shall wipe away all tears.

LESSON 302. Where darkness was I look upon the light.

LESSON 303. The holy Christ is born in me today.

LESSON 304. Let not my world obscure the sight of Christ.

LESSON 305. There is a peace that Christ bestows on us.

LESSON 306. The gift of Christ is all I seek today.

LESSON 307. Conflicting wishes cannot be my will.

LESSON 308. This instant is the only time there is.

LESSON 309. I will not fear to look within today.

LESSON 310. In fearlessness and love I spend today.

10. What Is the Last Judgment?

LESSON 311. I judge all things as I would have them be.

LESSON 312. I see all things as I would have them be.

LESSON 313. Now let a new perception come to me.

LESSON 314. I seek a future different from the past.

LESSON 315. All gifts my brothers give belong to me.

LESSON 316. All gifts I give my brothers are my own.

LESSON 317. I follow in the way appointed me.

LESSON 318. In me salvation's means and end are one.

LESSON 319. I came for the salvation of the world.

LESSON 320. My Father gives all power unto me.

11. What Is Creation?

LESSON 321. Father, my freedom is in You alone.

LESSON 322. I can give up but what was never real.

LESSON 323. I gladly make the "sacrifice" of fear.

LESSON 324. I merely follow, for I would not lead.

LESSON 325. All things I think I see reflect ideas.

LESSON 326. I am forever an Effect of God.

LESSON 327. I need but call and You will answer me.

LESSON 328. I choose the second place to gain the first.

LESSON 329. I have already chosen what You will.

LESSON 330. I will not hurt myself again today.

## 12. What Is the Ego?

LESSON 331. There is no conflict, for my will is Yours.

LESSON 332. Fear binds the world. Forgiveness sets it free.

LESSON 333. Forgiveness ends the dream of conflict here.

LESSON 334. Today I claim the gifts forgiveness gives.

LESSON 335. I choose to see my brother's sinlessness.

LESSON 336. Forgiveness lets me know that minds are joined.

LESSON 337. My sinlessness protects me from all harm.

LESSON 338. I am affected only by my thoughts.

LESSON 339. I will receive whatever I request.

LESSON 340. I can be free of suffering today.

LESSON 341. I can attack but my own sinlessness, And it is only that which keeps me safe.

LESSON 342. I let forgiveness rest upon all things, For thus forgiveness will be given me.

LESSON 343. I am not asked to make a sacrifice To find the mercy and the peace of God.

LESSON 344. Today I learn the law of love; that what I give my brother is my gift to me.

LESSON 345. I offer only miracles today, For I would have them be returned to me.

LESSON 346. Today the peace of God envelops me, And I forget all things except His Love.

LESSON 347. Anger must come from judgment. Judgment is The weapon I would use against myself, To keep the miracle away from me.

LESSON 348. I have no cause for anger or for fear, For You surround me. And in every need That I perceive, Your grace suffices me

LESSON 349. Today I let Christ's vision look upon All things for me and judge them not, but give Each one a miracle of love instead.

LESSON 350. Miracles mirror God's eternal Love. To offer them is to remember Him, And through His memory to save the world.

LESSON 351. My sinless brother is my guide to peace. My sinful brother is my guide to

pain. And which I choose to see I will behold.

LESSON 352. Judgment and love are opposites. From one Come all the sorrows of the world. But from The other comes the peace of God Himself.

LESSON 353. My eyes, my tongue, my hands, my feet today Have but one purpose; to be given Christ To use to bless the world with miracles.

LESSON 354. We stand together, Christ and I, in peace And certainty of purpose. And in Him Is His Creator, as He is in me.

LESSON 355. There is no end to all the peace and joy, And all the miracles that I will give, When I accept God's Word. Why not today?

LESSON 356. Sickness is but another name for sin. Healing is but another name for God. The miracle is thus a call to Him.

LESSON 357. Truth answers every call we make to God, Responding first with miracles, and then Returning unto us to be itself.

LESSON 358. No call to God can be unheard nor left Unanswered. And of this I can be sure; His answer is the one I really want.

LESSON 359. God's answer is some form of peace. All pain Is healed; all misery replaced with joy. All prison doors are opened. And all sin

LESSON 360. Peace be to me, the holy Son of God. Peace to my brother, who is one with me. Let all the world be blessed with peace through us.

## FINAL LESSONS

### LESSONS 361-365

## EPILOGUE

The Little Garden Web Site Links